

## Run Group Schedule - Saturday

7:00 Tech Opens

8:30 Green Ground School

10:45 Blue Ground School

1:00 Green Ground School

2:15 White Ground School (optional)

3:15 Green Ground School



### Run Group Sessions

8:15		White		1:00		Blue
8:45		Black	S	1:20		Red
9:15		Red	A	1:50		White
9:45		Blue	T	2:15		Black
10:15		Green	U	2:45		Green
10:40		White	R	3:05		Blue
11:10		Black	D	3:25		Red
11:40		Green	A	3:55		White
12:00	Lunch		Y	4:20		Green
12:25	Track Walk			4:40		Blue

## Run Group Schedule - Sunday

7:00 Tech Opens

8:30 Green Ground School

10:30 Blue Ground School



### Run Group Sessions

8:15		White		1:10		Red
8:45		Black		1:40		White
9:15		Red	S	2:05		Green
9:45		Blue	U	2:25		Blue
10:05		Green	N	2:45		White
10:30		White	D	3:10		Green/Blue
11:00	Lunch		A	3:40		Red/Black/White
12:00		Black	Y	4:10	SAFE TRAVELS HOME!	
12:30		Green				
12:50		Blue				